# **Leeds City Council - Leeds Lifesaving**

Working Together In Partnership With

RLSS UK Lifesavers

Education Leeds

Yorkshire Water

# Wise up to Water! Lifesaving Water Safety Project for Young People Key Stage 3/4







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# Lifesaving Water Safety Project

for young people Key Stage 3/4

**Project Time:** April 2007 – March 2008

The intention is to run on annual basis.

### Aim:

To introduce and promote water safety awareness and provide education to assist High School pupils in fulfilling the water safety elements of the National Curriculum.

To empower students from Year 10 and above to become Leeds Lifesaving RLSS Student Trainers. To enable them to deliver the Wise up to Water Workshop. With a view, of progressing to assisting in the delivery of the Primary School Activate Water Safety Workshops within their family of schools.

Target Year Group: Year 8 / 9 /10 (schools choice)

The project comprises of 3 units

## <u>Unit 1</u>

The main workshop will be delivered to all Leeds High Schools to either Year 8 / 9 or 10 - each school will decide which particular year (Time 1 Hr)

# Unit 2

A bolt on Optional Practical Based Extra Workshop (Time 30 minutes)

# Unit 3

An opportunity for individual students, from Year 10 and above, to become Leeds Lifesaving RLSS Student Trainers. Empowering them to deliver the 'Wise up to Water' Workshop, With a view of progressing to assisting in the delivery of the Primary School Activate Water Safety Workshops, within their family of schools.

Wise up to Water!

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